



MERRITT ISLAND CHRISTIAN BOYS & GIRLS CROSS COUNTRY 2023 SCHEDULE



Day	Date	Meet	Site	MS/V
Sat.	Aug. 26	17 th Annual Jim Ryun/FCA Invitational	Lakeland	MS & V
Sat.	Sept. 2	Saint Edward's XC Invitational	Vero Beach	MS & V
Sat.	Sept. 9	51 st Annual Astronaut Invitational	Titusville	V
Sat.	Sept. 9	Mount Dora Christian XC Invitational	Mount Dora	MS
Sat.	Sept. 23	SSAA Championship	Lakeland	V
Sat.	Sept. 30	Run Matanzas	Palm Coast	MS & V
Sat.	Oct. 14	Hawks' Last Chance Open	Lake Minneola	V
Sat.	Oct 21	Freedom Patriot Invitational	Orlando	V
Wed.	Nov. 1	Class 1A – Region 2 – District 4 Meet	Daytona Bch	V

Head Coach: Andy Schermbeck
Assistant Coach: Rebecca Schermbeck

GO COUGARS!

AS OF 8/16/23
SUBJECT TO CHANGE

ADDRESSES FOR MEETS

8/26 - 17th Annual Jim Ryun/FCA Invitational, Holloway Park, 2402 Holloway Park Dr., Lakeland, FL 33803

9/2 - Saint Edward's XC Invitational, Indian River Fairgrounds, 7955 58th Ave., Vero Beach, FL 32967

9/9 - 51st Annual Astronaut Invitational, Chain of Lakes Park, 2300 Truman Scarborough Way, Titusville, FL 32796

9/9 - Mount Dora Christian 48th Annual Cross Country Invite, Mount Dora Christian Academy, 301 W. 13th Ave., Mount Dora, FL 32757

9/23 - Holloway Park, 2402 Holloway Park Dr., Lakeland, FL 33803

9/30 – Run Matanzas, Matanzas High School, 3535 Pirate Nation Way, Palm Coast, FL 32137

10/14 – Hawks' Last Chance Open, Lake Minneola High School, 101 N. Hancock Rd., Minneola, FL 34715

10/21 – Freedom Patriot Invitational, Freedom High School, 2500 W. Taft Vineland Rd., Orlando, FL 32837

11/1 – Class 1A-Region 2-District 4 Meet, Father Lopez Catholic High School, 3918 LPGA Blvd., Daytona Beach, FL 32124